

Green Roof Inn



Green Roof Inn – Small Tropical Island Retreat

An opportunity to offer corporate retreat beyond the ordinary, a a unique destination off the beaten track where the luxury is found in the simplicity and the natural beauty of a region yet untouched by mass tourism. No wonder the movie *Pirates of the Caribbean* were shot in our waters and on the cays near by.

Carriacou is the largest of the group of small islands between St.Vincent and Grenada known as the Grenadines, in the Eastern Caribbean. The 13 square mile island surrounded by coral reefs is located 20 minutes north of Grenada.

The Grenadines are famous for sailing, diving, snorkeling and beautiful beaches. Mustique island just a few islands north of Carriacou is where Mick Jagger and David Bowie found their private paradise and built their holiday homes.

Groups can be introduced to SUP, Kayaking, Snorkeling, Nature hikes or chartered catamaran day sails. A day trip to the Tobago Cays and snorkeling with turtles in the turquoise waters of the marine park is an unforgettable experience. Carriacou is a unique Caribbean island where traditions and culture is still a prominent part of society and where its natural beauty can be enjoyed without being overcrowded.



Green Roof Inn



Green Roof Inn is a romantic intimate inn located by the sea with five charming guest rooms, a restaurant on the upstairs veranda encompassing marvelous sunsets and panoramic ocean views and two private cottages nestled in the lush garden leading all the way to the sea.

High-speed Wifi available.

Common areas to relax in including a lounge area/-yoga pavilion in the garden next to the sea and a private jetty for easy access to the water taxis to the off shore cays.

Activities available on request include Yoga, Scuba diving, Kayaking, SUP, Day sails/ Snorkel trips, Guided hikes, Turtle watching

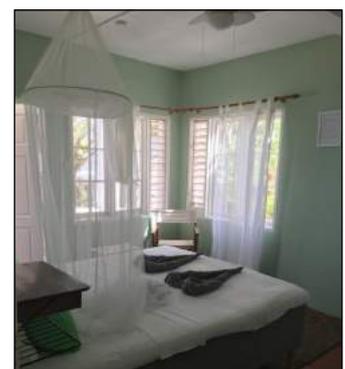
We follow our Green Roof Inn Plan of action for sustainable tourism to reduce negative impacts of tourism and to increase its positive effects on the local society and the environment.



Accommodations

Double rooms in the main building have a veranda facing the sea with fantastic ocean views and sunsets. The rooms have en suite bathroom and are furnished with a large Queen Size bed (160cm). The Cottages are nestled in the lush garden among fruit trees only a few steps away from the main building with easy access to the garden gazebo, dinghy dock and the small cove for swimming. Wifi available.

Double room



Cottages in the garden



Private Villa

A fully equipped 3 bedroom house next to Green Roof Inn right by the sea shore with easy access to the garden, gazebo and a small stone cove.

Can sleep up to 8 persons. 2 Double Kayaks available for rent.

Washing machine, large kitchen with dining area, sitting room, veranda.

Large standing fridge/freezer with ice machine and water tap.

Wifi available.



Meals

Continental breakfast including Coffe/Tea, Juice, Bread, Butter, Marmalade, Cheese, Fruit, Milk/Cornflakes, boiled egg.

-Possible to buy extra breakfast such as Bacon & Eggs etc.



Lunch served at the beach bar La Playa such as a fried fish with tossed salad or organic burger with potato wedges. Vegetarian options available.



Dinner served as buffé or entré plate depending on size of group in the upstairs restaurant including fish filet or chicken with vegetables and potato or rice. Lobster available for an extra cost.

Vegetarian options always available.



Barracuda with white-wine sauce

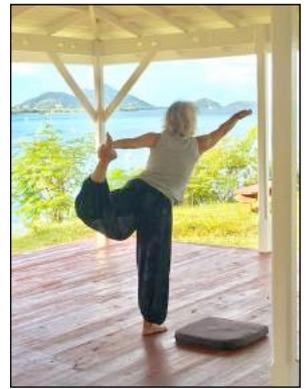
Kingfish with pickled onions

Local Lamb red-wine reduction

Scalloped lobster

Yoga Pavilion / Gazebo Lounge

-A space for exercise, activities, meetings or just relaxation



Hike to High North - A team bonding activity to remember

A guided hike where an easy slope trekking on trails through the tropical dry forrest brings you up to the summit of the highest point of the island with marvelous views of Carriacou and the Grenadines in the region.

The hike takes approximately 1 hour and a half to reach the summit.



Bring sneakers or hiking shoes, water bottle sunscreen and a hat and of course a camera to capture your experience and the views.

You do not need to be an athlete for this adventure as the slopes are not very steep and there is a trail to walk, no climbing involved.



Rates

1 Week full board at Green Roof Inn

Included:

*Breakfast, lunch and dinner

*A team bonding guided group hike to the summit of High North

*Transfers:

- Mini bus taxis from Grenada airport and Carriacou port or airport
- Return ferry Grenada - Carriacou (Flight available at extra cost)

7 persons in private double room = **USD 9965**

10 persons in shared double room (5 double) = **USD 10765**

15 persons in shared double room (6 double 1 tripple) = **USD 13353**

1 Week full board at Green Roof Inn + Sea Front Villa

Included:

*Breakfast, lunch and dinner

*A team bonding guided group hike to the summit of High North

*Transfers:

- Mini bus taxis from Grenada airport and Carriacou port or airport
- Return ferry Grenada - Carriacou (Flight available at extra cost)

10 Persons = USD 12635

- 7p private double room + 3 p in private room in Sea Front Villa

13 Persons = USD 14271

- 7p private double room + 6 p shared room in Sea Front Villa

21 Persons = USD 17659

- 15p shared double room (6 dubbel 1 tripple) + 6 p shared room in Sea Front Villa

Available Extra Activities (Additional Cost):

***Daysails** on a catamaran to off shore cays with activities available such as snorkeling, fishing and scuba diving. Food and drinks included.

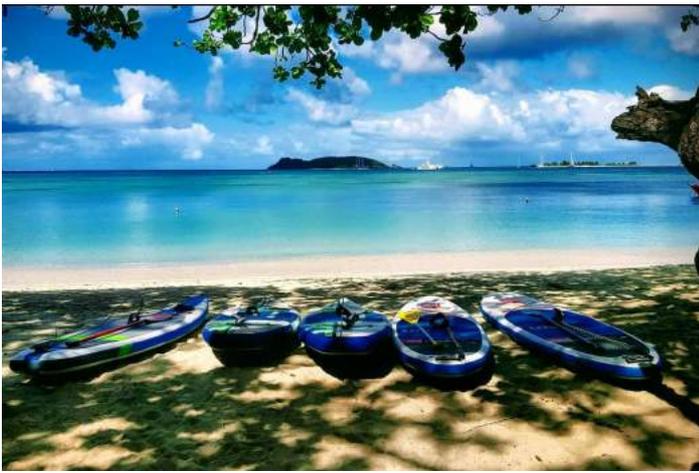


*SUP Stand up paddle board rentals and organized tours around the coast.

A wide range of paddle sites, from the calm tranquil waters of Paradise

Beach to the more adventurous waters of The Atlantic (windward)

overlooking our sister islands Petite Martinique and Petite St. Vincent.



***Snorkel day-trip** to Tobago cays - Snorkel the reefs in the marine park where the movie Pirates of the Caribbean was shot and swim with turtles, stop for lobster lunch on the beach.



***Yoga with Malaika Maitland - Spice Harmony Yoga**



Greetings,

I'm Malaika, a yoga therapist, birth worker and artist living in Grenada. I was born in Grenada and grew up between here and the states. In my early 20s I knew I wanted to make Grenada my home. The natural healing that this land offers is invaluable, so I moved back from New York City and opened Spice Harmony Yoga in 2011. I offer healing and creative services as a pathway for people to foster deeper connections with self, community and the larger world.

Malaika can customize a retreats or sessions/classes at Green Roof Inn to suit your group preferences and desires.

Activities available to book on site on short notice:

*Water taxi to Sandy island for Snorkeling

*Scuba diving with - Deefer diving

*Lobster on the Anse la Roche beach - Tim Garraway

*Bon fire and drum session, learn basic djembe drumming - Zulu & co

*Kayak tours and rentals - Carriacou Adventures

*Hiking trips and nature trails - Rina Mills & Kido foundation

*Historic culture hikes with guide - Rina Mills

*Guided island tour and visit to traditional boatbuilding site - Linky

Packing list

Sun screen

Mosquito repellent

Swim wear

Hat & Sunglasses

Shorts

T-shirt/short sleeve shirts

Long sleeve shirt for sun protection

Cool light long pants

sandals/flipflops

Small flashlight

Daypack / small backpack

Sneakers for walking / hiking shoes

Yoga mat (optional)

Snorkel & mask (optional)

Water bottle

Sarong or thin fabric to use as beach mat etc.

Small switchblade knife to bring on picnicks for fruits etc.